

# Technical Assistance



## What is technical assistance?

Technical assistance provides targeted support to an individual or group to help solve a problem.

CEDAR Midwest can provide technical assistance for people aging with long-term physical disabilities. Contact our resource helpline at **314-289-4224** or **[cedarmidwest@paraquad.org](mailto:cedarmidwest@paraquad.org)**!

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Our technical assistance service can provide community resources to help people live independently and give information on topics like:

- Assistive technology
- Home modifications
- Accessible vehicle modifications
- Prescription assistance
- Legal assistance
- Contact with local independent living centers and area agencies on aging